



# MENU

[www.sapanavillage.com](http://www.sapanavillage.com)

Dear guest,

Welcome to Sapana Village Lodge. We hope you have a great time staying with us. We will do everything we can to make it an unforgettable experience.

Sapana means ' Dreams ' in Nepali. Sapana Village not only lets your dreams come true, but also those of the local community. Sapana Village Lodge is a development project, which aims to support the local community. With the profit of the lodge we initiate projects in the neighbourhood.

Our projects aim is to preserve the local culture, improve health care and education and provide microfinance to start up small businesses.

With projects like the Sapana Design, the Sapana School and medical post, our Tharu preservation projects, hygiene projects at local schools and medical checks for children each year, we try and help the local community.

By visiting Sapana Lodge you support our goals.

We hope you enjoy your time here with us. If you have any questions, please feel free to ask them or just stop by for a casual chat. We are looking forward to meeting you.

Warm regards,

The Sapana team



**Please note that according to new rules and regulations of the Inland Revenue Department of Nepal prices mentioned are all inclusive of taxes (13 % government taxes and 10 % service charge are ALREADY included in all prices of the menu)**

*Menu book designed by Marie Da cruz for Sapana Village Lodge*



*Food*

Prices are inclusive of all taxes

# Start of the Day

*Set breakfast - From 6:30 to 10:30 am*

## **Once upon a time in Chitwan**

Two eggs your style, toast, butter, jam & honey,  
hash brown potatoes, fried sausage, grilled tomato

Tea or coffee\*-----Rs.610

## **Sapana breakfast**

Egg as you prefer, toast, butter, jam & honey,  
seasonal fresh fruit juice, yoghurt with cashewnut

Tea or coffee\*-----Rs.505

## **Sapana healthy start**

Fresh seasonal fruit salad with yoghurt & honey

Tea or coffee\*-----Rs.455

## **Local Tharu house breakfast**

Mixed vegetable curry, poori or plain paratha  
(local bread of wheat flour), with pickles

Masala tea (Nepali chai)----- Rs.440

## **Classic Chitwan breakfast**

Two millet pancakes, oregano potato, green-corn,  
fresh fried vegetable

Tea or coffee\*-----Rs.560

## **Home-made bakery breakfast ( ask for availability )**

Cinnamon roll, croissant, muffin with jam, butter &  
honey, egg of your style

Tea or coffee\*-----Rs.590

\* **Coffee:** Americano, Espresso or  
Cappuccino.  
Other kind of coffee will be  
add as extra to the set breakfast.

\* **Tea :** Tea bag of your choice



Prices are inclusive of all taxes

## *Pancake*

Tharu cottage cheese pancake (Wheat flour, cheese, vanilla and egg's white only)-----	Rs.370
Lemon & sugar pancake -----	Rs.235
Honey Pancake -----	Rs.235
Chocolate paste pancake-----	Rs.290
Mixed seasonal fruit pancake-----	Rs.345
Banana pancake-----	Rs.290

## *Povridge*

Banana & cinnamon-----	Rs.255
Mixed fruit-----	Rs.305

## *Muesli and cereal*

Muesli with seasonnal fruit, yogurt and honey-----	Rs.440
Muesli with yogurt and honey-----	Rs.305
Corn flakes with cold milk-----	
Corn flakes, fruits and cold milk-----	
Chocapic with cold milk-----	

## *Yogurtt*

Fresh yogurt, seanonnal fruit-----	Rs.325
Fresh yogurt, honey, & cashewnut-----	Rs.255
Plain yogurt-----	Rs.185

## *Eggs*

Scrambled egg w/toasts-----	Rs.290
Cheese omelette w/toasts-----	Rs.320
Vegetable omelette w/toasts-----	Rs.290
Boiled eggs 2 pieces w/toast-----	Rs.240
Poched eggs 2 pieces w/toast-----	

## *Homemade fresh breads*

Toast with jam & butter or honey-----	Rs.220
Toast with peanut butter-----	Rs.220
Toast with chocolate paste-----	Rs.220
French toast with honey-----	Rs.240

( ask for availability )

Cinnamon Roll-----	Rs.105
Croissant-----	Rs.95
Chocolate croissant-----	Rs.130
Muffin-----	Rs.105
Chocolate cake-----	Rs.190
Apple pie-----	Rs.190

## *Fruit*

Seasonal fresh fruit salad-----	Rs.285
---------------------------------	--------

Prices are inclusive of all taxes

# Appetizers

## Mo-mo

Vegetable and cheese mo-mo (8 pieces)-----	Rs.370
Chicken mo-mo (8 pieces)-----	Rs.470
Paneer and mushroom mo-mo (8 pieces)-----	Rs.425

## Potato item

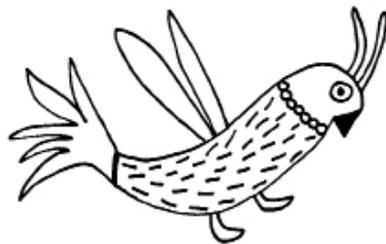
French fries-----	Rs.260
Potato cheese ball-----	Rs.430
Alu bujiya-----	Rs.285
Roasted potato-----	Rs.290
Vegetable & cheese fried pakoda-----	Rs.370

## Chillies served with side salad

Paneer-----	Rs.595
Chicken-----	Rs.595
Chips chillies-----	Rs.455
Fish chillies-----	Rs.595

## Corn

Corn pakoda-----	
Corn sautéed ( butter, garlic, paprika)-----	



## Bread

Paratha with pickles with plain curd-----	Rs.285
Chapati with pickles with plain curd-----	Rs.235

## Chicken fried

Wings fried with side sauce of your choic-----	Rs.430
Nepali-style bone fried chicken & tartar sauce-----	Rs.470

Prices are inclusive of all taxes

## Dine in Style

### Homemade soups (served with garlic bread)

Veg or chicken Thukpa-----	Rs.390
Tomato soup -----	Rs.290
Vegetable & noodle soup -----	Rs.320
Chicken & mushroom soup -----	Rs.390
French Onion or garlic soup -----	Rs.320
Gundruk & Bhatmas soup -----	Rs.280
<i>(dried leaves of spinach/lettuce that is fried with soya beans (bhatmas) and stirred)</i>	

### Cold soup

Cold cucumber mint soup (with yogurt and lemon juice)--	Rs.290
Cold fresh tomato soup-----	Rs.290
<i>(with garlic crouton served on the side)</i>	

### Fresh salad

Dream Salad -----	Rs.485
<i>(ight meat, tuna, onion, green-pepper, pinne pasta, olive, lemon)</i>	
Niçoise (with tuna and olive) -----	Rs.440
Seasonal mixed vegetable -----	Rs.345
Chicken curry salad (served with chapati)-----	Rs.505

### Grilled sandwiches (served with a side salad)

Vegetable & chicken -----	Rs.470
Vegetable & cheese -----	Rs.440
Cheese & tomato-----	Rs.405
Tuna fish-----	Rs.450



## *Choice of the day*

Sapana kitchen special veg or non veg (*surprise*)----- **Rs.925**

### *Fish* (served with vegetable, french fries or rice)

Grilled fish----- **Rs.815**

Fish in lemon sauce----- **Rs.850**

### *Chicken* (served with vegetable, french fries or rice)

Honey glazed chicken ----- **Rs.820**

Grilled chicken with sauce of your choice----- **Rs.840**

Chicken sizzler----- **Rs.965**

Chicken in cashewnut sauce----- **Rs.760**

Chicken stroganoff----- **Rs.850**

Chicken enchilada with salad----- **Rs.670**

### *Beef* (served with vegetable, french fries or rice)

Beef sizzler----- **Rs.1020**

Steak with onion & mushroom sauce ----- **Rs.850**

Steak with pineapple & curry sauce----- **Rs.875**

### *Rice and noodle*

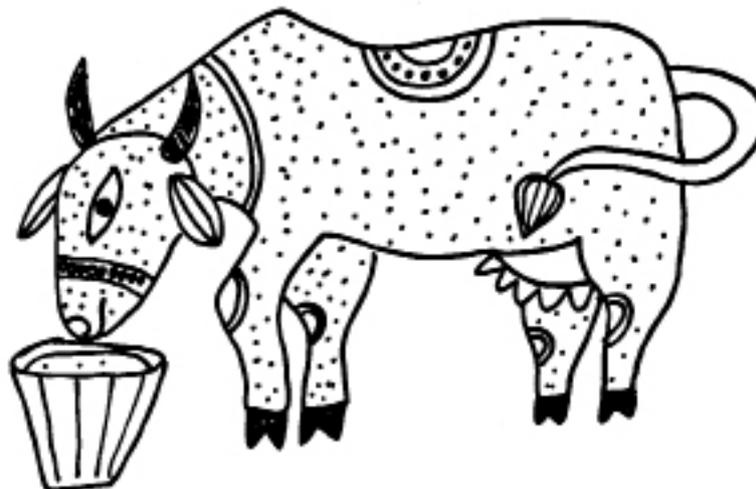
Fried rice special vegetarian ----- **Rs.460**

Fried rice special with chicken----- **Rs.685**

Plain rice----- **Rs.220**

Vegetarian mixed noodles----- **Rs.460**

Noodles with chicken ----- **Rs.680**



Prices are inclusive of all taxes

## *Local special dishes*

***Owr special*** : Nepali dal bath tarkari (veg)----- **Rs.680**

Tharu cheechar with mixed vegetable curry (veg)  
(rice wrapped in jungle leaf served with curry )-----**Rs.730**

Nepali festival dish (non veg)  
(Gundruk soup, vegetable curry, lentil sauce, chicken curry,  
crispy papadam, pickle, white rice, desert)----- **Rs.890**



## ***Curry*** (served with rice or chapati)

Vegetable curry-----**Rs.425**  
Paneer curry-----**Rs.630**  
Chicken curry-----**Rs.610**  
Chicken butter masala-----**Rs.630**  
Fish curry-----**Rs.730**

## ***Vegetarian*** (served with rice or chapati)

Cauliflower cheese sauce -----**Rs.435**  
Paneer korma-----**Rs.670**  
Paneer butter masala-----**Rs.705**  
Steam vegetable plate----- **Rs.495**

Nepali enchilada (tomato, beans , mushroom, vegetable...)- **Rs.605**  
Spaghetti cheese sauce with olive-----**Rs.515**  
Mari's spaghetti : tomato sauce, cheese and olive--- **Rs.550**

# Dessert

## *Owl special:*

Sapana yogurt-----Rs.305

*Let's be tempted by our special dessert : A fresh local Nepali yogurt mixed with cashewnut, coconut, honey & cinnamon. Delicious !*

Plain yogurt -----Rs.180

Chocolate & banana nut pudding-----Rs.305

Pancake with chocolate paste & grilled nut topped--Rs.340

Seasonal fresh fruit salad-----Rs.285

Banana fritters-----Rs.260

Banana flambe-----Rs.225

Ice cream 2 scoops of your choice w/ side cookies--Rs.285

Banana Split -----Rs.490

*(3 scoops of ice cream of your choice, bananas, whipped cream, chocolate sauce, grilled nut topped)*



Prices are inclusive of all taxes

## *What is that ?*

**Alu bhujia** : is often simply called Bhujia is a popular crispy snack and is prepared by using besan (gram flour) and spices and potato.

**Chapati or roti** : is an unleavened flatbread made from a firm dough made from flour and water .

**Dal bhat** : is a traditional meal which is popular in many areas of Nepal. It consists of steamed rice and a cooked lentil soup called dal. Dal bhat is often served with vegetable tarkari : a mix of available seasonal vegetables and pickles.

**Gundruk** : is a typical Nepali fermented leafy green vegetables of radish, cauliflower or roots of radish.

**Masala tea** : is a flavoured tea beverage made by brewing black tea with a mixture of aromatic spices and herbs, mixed all together with milk.

**Mo-mo** : is a type of steamed bun with or without filling ( veg or non veg).The dough is rolled into small circular flatpieces. The filling is then enclosed in the circular dough covereither in a round pocket or in a half-moon.

**Pakoda** : is made from a mix of finely cut onions, green chillies, potato or vegetable and spices mixed in gram flour. This is rolled into small balls or sprinkled straight in hot oil and fried. Pakodas are very crisp on the outside and medium soft to crisp inside.

**Paneer** : is an unaged, acid-set, non-melting farmer cheese that is similar to acid-set fresh mozzarella and queso blanco, except that it does not have salt added, much like hoop cheese.

**Papadam** : is a thin, crisp disc-shaped food typically based on a seasoned dough made from black gram (urad flour), fried or cooked with dry heat. Papadams are typically served as an accompaniment to a meal or as an appetizer or snack.

**Pickles, achar or chutney** : is marinated and eaten in small amounts to add flavor to meal. It can both be fresh or aged. Pickles can be eaten with everything and are veg.

**Plain paratha** : Is a flatbread made by pan frying whole wheat dough.



*Beverage*

Prices are inclusive of all taxes

# Soft drinks

## Hot drink

**Ours special** : The Masala tea or Nepali tea  
(milky black tea beverage, sweetened and spiced) ----- Rs.145

Hot lemon with ginger & honey-----	Rs.105
Ginger tea (with fresh pieces of ginger)-----	Rs.85
Hot milk glass-----	Rs.110
Hot milk chocolate -----	Rs.120
Nescoffee-----	Rs.105
Cup of hot water -----	Rs.15

## Hot tea bag served in cup

Pick your favourite flavor !

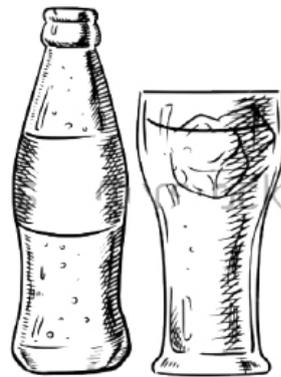
Black tea-----	Rs.75
Lemon tea-----	Rs.75
Green tea-----	Rs.75
Mint tea-----	Rs.75
Apple tea-----	Rs.75
Jasmin-----	Rs.75
Raspberry -----	Rs.75
Vanilla-----	Rs.75
Peach-----	Rs.75
Mandarine-----	Rs.75
Lychee-----	Rs.75
EXTRA milk-----	Rs.30



Prices are inclusive of all taxes

### *Cold drink*

Mineral water (bottle)-----	<b>Rs.75</b>
Coke/Fanta/Sprite-----	<b>Rs.80</b>
Diet coke(imported)-----	<b>Rs.215</b>
Tonic (imported)-----	<b>Rs.185</b>
Plain Soda-----	<b>Rs.85</b>
Fresh lemonate with lemon-----	<b>Rs.180</b>
Fresh mint lemonate-----	<b>Rs.215</b>



### *Juice*

Seasonal fruit juice (fresh)-----	<b>Rs.340</b>
Mango/orange/apple/pineapple (can)-----	<b>Rs.240</b>

### *Sweet lassies*

Plain-----	<b>Rs.195</b>
Banana-----	<b>Rs.240</b>
Mango (seasonal only)-----	<b>Rs.270</b>
Chocolate or coffee-----	<b>Rs.270</b>
Vanilla-----	<b>Rs.230</b>
Mixed fruit -----	<b>Rs.290</b>

### *What is a Lassi ?*

A lassi is sweet drink made from a yogurt and base with water. It is a popular traditional yogurt-based drink from the Indian Subcontinent. Our Lassi are a blend of fresh local Nepali yogurt, sugar and water. We also add fruits and various flavour.

Prices are inclusive of all taxes

## *Iced Tea*

Price :

**Rs.290**

At any time of the day, enjoy our iced tea served in small jar ! Pick your favorite on the menu below. Keep calm & stay cool.

### **Sapana Detox**-----

Green iced tea

Slices of lemon & ginger / Lemon juice - Honey

### **Citrus tea boost**-----

Black iced tea

Slices of lemon / Lemon juice - Honey

### **Sweet tropical**-----

Peach iced tea

Lemon & Apple slices - Honey

### **Cinnamon girl \* (seasonnal)** -----

Peach iced tea

Orange slices & Cinnamon - Honey

### **Jungle twist \*(seasonnal)**-----

Black iced tea

Slices of orange & lemon - Honey

*(\*oranges are seasonnal , ask for availability, thank you)*



Prices are inclusive of all taxes

# Coffee Menu

## Hot coffee beverages

**Espresso** -----Rs.150  
*A very strong coffee brewed rapidly one ounce at a time*

**Doppio**-----Rs.175  
*Two shot of espresso*

**Espresso Macchiato**-----Rs.185  
*Serving of espresso with thick velvet foam*

**Caramel Macchiato**-----Rs.405  
*Serving of espresso, with caramel sauce with thick velvet foam*

**Americano**-----Rs.185  
*Espresso with hot water, simply the best*

**Americano Royale** -----Rs.235  
*Americano served with flavour, topped with whipped cream and garnished*

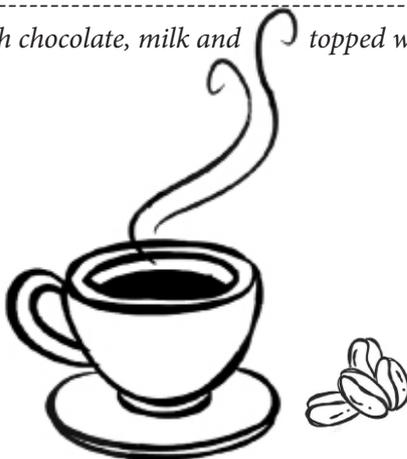
**Cappuccino**-----Rs.235  
*Serving of espresso with equal parts of milk and foam*

**Café Latte**-----Rs.235  
*Serving of espresso with steam creamy milk and foam*

**Honey Latte**-----Rs.270  
*Try our version of this classic drink*

**Caramel Latte**-----Rs.375  
*Serving of espresso with rich creamy caramel, steam milk, foam and drizzle of caramel*

**Café Mocha** -----Rs.320  
*Espresso served with chocolate, milk and topped with whipped cream*



Prices are inclusive of all taxes

## *Cold coffee beverages*

**Blended Mocha**-----Rs.325

*Espresso hot blended over ice with chocolate and topped with whipped cream ,garnished with chocolate stick and coffee beans.*

**Iced Cappuccino/ Iced latte**-----Rs.185

*Our freshly pulled espresso and foam poured with cold milk over ice.*

**Iced Americano**-----Rs.230

*Shot of espresso over chilled water and ice*

**Iced coffee**-----Rs.185

*Serving of espresso with chilled milk and poured over ice*

**Blended coffee**-----Rs.270

*Chilled freshly brewed coffee blended over ice*

**Ice Mocha**-----Rs.335

*Serving of espresso, chocolate sauce, coffee, cold milk, ice*

**Caramel cooler**-----Rs.450

*Blend coffee and ice cube, topped with weapped cream, garnished with caramel sauce*

**Mocha cooler**-----Rs.480

*Serving of espresso, chocolate, ice cube blended, topped with weapped cream & garnished with chocolate sauce*

**Vanilla cooler**-----Rs.425

*Vanilla flavour, coffee ice cube blended, topped with whipped cream , garnished with honey*

**Iced caramel macchiato**-----Rs.370

*Serving of espresso, cold milk, ice cube, topped with caramel sauce*



Prices are inclusive of all taxes

# Alcohol

Beer (bottle 650ml)----- Rs.605

After a long safari day or just to relax , let's be tempted by a cool bottle of beer ! Ask for types of beers available .



Glass(60 ml)

Rhum/ vodka/gin-----Rs.370  
Balleys-----Rs.730  
Johnny walker red label whisky----- Rs.680  
Nepali whiskey -----Rs.630  
Black label -----Rs.885  
Local Raksi ( rice wine )-----Rs.215



Prices are inclusive of all taxes

# Cocktail

Price :

**Rs.740**

**Pina Colada**-----

*Rum, pineapple juice, coconut cream, Malibu, sugar syrup*

**Margarita**-----

*Tequilla, Cointreau, lemon juice*

**Cosmopolitan**-----

*Vodka, Countreau, cranberry & lime juice, grenadine, sugar syrup*

**Tom Collin**-----

*Gin, soda, lemon juice, sugar syrup, cherry*

**Gin & Tonic**-----

*Gin, lime juice, tonic*

**Screw Driver**-----

*Vodka, orange juice, ice*

**Sex on the beach**-----

*Vodka, peach Schnapps, cranberry juice, orange ice*

**Salty Bull**-----

*Vodka, Tequilla, lime juice, mixed fruit juice*

**Mixed Moonsoon**-----

*Vodka, blue Curacao, lemon juice, mixed fruit juice*



Prices are inclusive of all taxes

**Blues Margarita**-----

*Tequilla, Blue curacao, lemon juce*

**Brave Bull**-----

*Tequilla, Kahlua, lemon juice*

**Litchi Daiquiri**-----

*Rum, litchi juice, sugar syrup, lime juice, grenadine syrup*

**Long island ice tea**-----

*Rum, Gin, Vodka, Tequilla, Triple sec, lime juice, Coke*

**Mojito**-----

*Rum, mint leaf, lemon, supar, soda*

**Long Beach**-----

*Gin, Vodka, Triple Sec, Rum, sugar syrup, lime juice, cranberries juice*

**Blue Lady**-----

*Gin, Curacao, lime juice*

**Tharu Hand**-----

*Vodka, mango & orange juice, tonic, honey, cinnamon*

**Banana Blender**-----

*Baileys, pineapple juice, whipped cream, banana slide*



Prices are inclusive of all taxes

# Mocktails *(without alcohol)*

Price :  
**Rs.555**

## **Sapana Special**-----

*Litchi juice, blue Caracao, sugar syrup, fresh cream*

## **Mango Mania**-----

*Mango juice, cream de mint, grenadine*

## **Fruit Punch**-----

*Pineapple juice, grenadine syrup, banana slices, fresh cream*

## **Simorita Mocktail**-----

*Pineapple juice, mango juice, mint leaf lemon chop, soda*

## **Fruit Fantasy**-----

*Guava juice, grenadine syrup, mango juice, blue curacao*

## **Jersey Mocktail**-----

*Apple juice, sugar, angostura bitter, ice*

## **Virgin Mojito**-----

*Soda, mint leaf, lemon chop, sugar syrup, ice*



Prices are inclusive of all taxes

# Wines

Price :

**Rs.620** ( glass)

**Rs.3250** ( bottle )

## *White selection*

*ask for availability, thank you*

### **Sauvignon Blanc Sula - India**-----

*Dry wine with tropical fruits flavors*

### **Chemin blanc Sula - India**-----

*Semi-dry in style, with pineapple aromas*

### **Sauvignon Collin bourisset - France**-----

*Dry wine with grass aromas*

### **Chardonnay Boccantino - Italy**-----

*Elegant and well balanced wine*

### **Chardonnay Reserva Sol de Chile - Chile**-----

*Pleasant wine with smooth taste*

### **Chardonnay Kingstone - Australia**-----

*Dry wine with refreshing flavors*

### **Nepali white wine**-----



Price :

**Rs.730** ( glass)

**Rs.3270** ( bottle )

## *Red selection*

*ask for availability, thank you*

### **Zinfandel Sula - India**-----

*Elegant wine ripe plum flavors*

### **Cabernet Shiraz Sula - India**-----

*Medium bodied wine with attractive smocky notes*

### **Gamay Syrah Collin Bourisset - France**-----

*Dry wine with smooth aromas*

### **Shiraz DB selection - Australia**-----

*Fruity wine with sweet tannins*

### **Montepulciano d'Abruzzo - Italy**-----

*Light wine with red fruit aromas*

Prices are inclusive of all taxes

*Bon appétit*  
[www.sapanavillage.com](http://www.sapanavillage.com)