



# MENU

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Dear guest,

Welcome to Sapana Village Lodge. We hope you have a great time staying with us. We will do everything we can to make it an unforgettable experience.

Sapana means 'Dreams' in Nepali. Sapana Village not only lets your dreams come true, but also those of the local community. Sapana Village Lodge is a development project, which aims to support the local community. With the profit of the lodge we initiate projects in the neighborhood.

Our projects aim is to preserve the local culture, improve health care and education and provide microfinance to start up small businesses.

With projects like the Sapana Design, the Sapana School and medical post, our Tharu preservation projects, hygiene projects at local schools and medical checks for children each year, we try and help the local community.

By visiting Sapana Lodge, you support our goals.

We hope you enjoy your time here with us. If you have any questions, please feel free to ask them or just stop by for a casual chat. We are looking forward to meeting you.

Warm regards

The Sapana team



**Please note that according to new rules and regulations of the Inland Revenue Department of Nepal prices mentioned are all inclusive of taxes (13 % government taxes and 10 % service charge are ALREADY included in all prices of the menu)**

*Menu book designed by Marie Da cruz for Sapana Village Lodge*



Prices are inclusive of all taxes

## Start of the Day

*Set breakfast - From 6:30 to 10:30 am*

**Once upon a time in Chitwan-----Rs.895**

Two eggs your style, toast, butter, jam & honey,  
hash brown potatoes, fried sausage, grilled tomato  
Tea or coffee\*

**Sapana breakfast-----Rs.950**

Egg as you prefer, toast, butter, jam & honey,  
seasonal fresh fruit juice, yoghurt with cashewnut  
Tea or coffee\*

**Sapana healthy start-----Rs.750**

Fresh seasonal fruit salad with yoghurt & honey  
Tea or coffee\*

**Local Tharu house breakfast-----Rs.950**

Mixed vegetable curry, poori or plain paratha  
(local bread of wheat flour), with pickles  
Masala tea (Nepali chai)

**Classic Chitwan breakfast-----Rs.850**

Two millet pancakes, oregano potato, green-corn,  
fresh fried vegetable  
Tea or coffee\*

**Home-made bakery breakfast (ask for availability)----- Rs.990**

Cinnamon roll, croissant, muffin with jam, butter &  
honey, egg of your style  
Tea or coffee\*

\* **Coffee:** Americano, Espresso or  
Cappuccino.  
Other kind of coffee will be  
add as extra to the set breakfast.

\* **Tea :** Tea bag of your choice



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### ***Pancake***

Tharu cottage cheese pancake

(Wheat flour, cheese, vanilla and egg's white only)-----Rs.550

Lemon & sugar pancake -----Rs.550

Honey Pancake-----Rs.550

Chocolate paste pancake-----Rs.550

Mixed seasonal fruit pancake-----Rs.550

Banana pancake-----Rs.550

### ***Porridge***

Banana & cinnamon-----Rs.600

Mixed fruit-----Rs.600

### ***Muesliandcereal***

Muesli with seasonnal fruit, yogurt and honey-----Rs.750

Muesli with yogurt and honey-----Rs.650

Corn flakes with cold milk-----Rs.500

Corn flakes, fruits and cold milk-----Rs.750

Chocapic with cold milk-----Rs.500

### ***Yogurt***

Fresh yogurt, seanonnal fruit-----Rs.500

Fresh yogurt, honey, & cashewnut-----Rs.600

Plain yogurt-----Rs.250

### ***Eggs***

Scrambled egg w/toasts-----Rs.475

Cheese omelette w/toasts-----Rs.550

Vegetable omelette w/toasts-----Rs.450

Boiled eggs 2 pieces w/toast-----Rs.350

Poched eggs 2 pieces w/toast-----Rs.450

### ***Homemade fresh breads***

Toast with jam & butter or honey-----Rs.375

Toast with peanut butter-----Rs.350

Toast with chocolate paste-----Rs.375

French toast with honey-----Rs.450

(Ask for availability)

Cinnamon Roll-----Rs.550

Croissant-----Rs.550

Chocolate croissant-----Rs.550

Muffin-----Rs.550

Chocolate cake-----Rs.550

Apple pie-----Rs.550

### ***Fruit***

Seasonal fresh fruit salad-----Rs.485

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# Appetizers

## Mo-mo

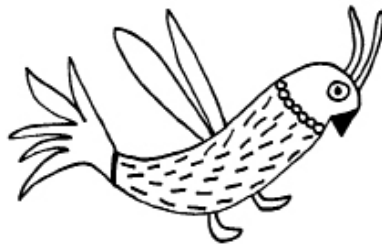
Vegetable and cheese mo-mo (8 pieces) -----	<b>Rs.550</b>
Chicken mo-mo (8 pieces) -----	<b>Rs.750</b>
Paneer and mushroom mo-mo (8 pieces) -----	<b>Rs.700</b>
Buff mo-mo (8 pieces) -----	<b>Rs.800</b>

## Potato item

French fries-----	<b>Rs.350</b>
Potato cheese ball-----	<b>Rs.550</b>
Alu bujiya-----	<b>Rs.380</b>
Roasted potato-----	<b>Rs.400</b>
Vegetable & cheese fried pakoda-----	<b>Rs.590</b>

## Chilies (served with side salad)

Paneer-----	<b>Rs.700</b>
Chicken-----	<b>Rs.750</b>
Chips chilies-----	<b>Rs.850</b>
Fish chilies-----	<b>Rs.850</b>



## Bread

Paratha with pickles with plain curd-----	<b>Rs.400</b>
Chapatti with pickles with plain curd-----	<b>Rs.400</b>

## Chicken fried

Wings fried with side sauce of your choice-----	<b>Rs.650</b>
Nepali-style bone fried chicken & tartar sauce-----	<b>Rs.700</b>

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# Dine in Style

## **Homemade soups** (served with garlic bread)

Veg or chicken Thukpa -----	<b>Rs.550</b>
Tomato soup-----	<b>Rs.450</b>
Vegetable & noodle soup -----	<b>Rs.450</b>
Chicken & mushroom soup -----	<b>Rs.650</b>
French Onion or garlic soup -----	<b>Rs.500</b>
Gundruk & Bhatmas soup -----	<b>Rs.500</b>

(dried leaves of spinach/lettuce that is fried with soya beans  
(Bhatmas) and stirred)

## **Fresh salad**

Dream Salad-----	<b>Rs.700</b>
(light meat, tuna, onion, green pepper, pine pasta, olive, and lemon)	
Nicoise (with tuna and olive) -----	<b>Rs.650</b>
Seasonal mixed vegetable -----	<b>Rs.600</b>
Chicken curry salad (served with chapatti) -----	<b>Rs.650</b>

## **Grilled sandwiches** (served with a side salad)

Vegetable & chicken-----	<b>Rs.750</b>
Vegetable & cheese-----	<b>Rs.700</b>
Cheese & tomato-----	<b>Rs.700</b>
Tuna fish-----	<b>Rs.750</b>



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## Choice of the Day

**Sapana kitchen special veg or non-veg (surprise) ----Rs.1550**

***Fish*** (served with vegetable, French fries or rice)

Grilled fish -----Rs.1200

Fish in lemon sauce-----Rs.1250

***Chicken*** (served with vegetable, French fries or rice)

Honey glazed chicken-----Rs.1200

Grilled chicken with sauce of your choice-----Rs.1250

Chicken sizzler-----Rs.1300

Chicken in cashewnut sauce-----Rs.1100

Chicken stroganoff-----Rs.1150

***Beef*** (served with vegetable, French fries or rice)

Beef Sizzler-----Rs.1350

Steak with onion & mushroom sauce-----Rs.1250

Steak with pineapple & curry sauce-----Rs.1290

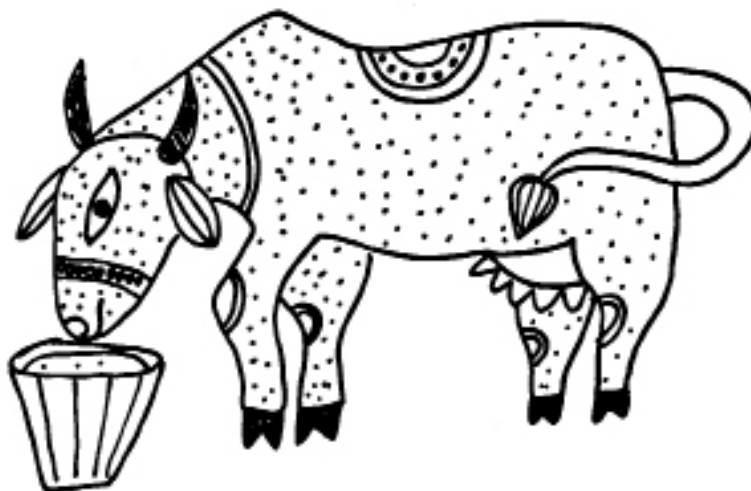
### ***Pizza Choice***

Vegetable and cheese-----Rs.850

Chicken-----Rs.1050

Sapana-dream pizza-----Rs.1250

(Ham, salami, mushroom and olive)



Prices are inclusive of all taxes



## ***Mexican***

Organic Vegetable enchilada-----	<b>Rs.850</b>
Chicken enchilada-----	<b>Rs.1050</b>
Spaghetti Bolognese-----	<b>Rs.1050</b>
Spaghetti carbonara-----	<b>Rs.750</b>
Macaroni cheese sauce-----	<b>Rs.950</b>

## ***Tandoori***

Plain naan-----	<b>Rs.180</b>
<i>(Flat bread made in tandoor oven considered as side dish)</i>	
Butter naan-----	<b>Rs.220</b>
Garlic naan-----	<b>Rs.220</b>
Sapana Special naan-----	<b>Rs.400</b>
Tandoori chicken (Quarter, half or full)-----	<b>Rs.1075/1850/2990</b>
<i>(Marinated in yoghurt and spices and roasted in tandoor clay Own served with mashed-garlic potato, lemon rice and salad)</i>	
Chicken tikka-----	<b>Rs.1050</b>
<i>(Chopped chicken marinated in yoghurt, lemon and Spices generally baked or grilled in oven-served with rice &amp; salad)</i>	
Harabhara Kebab-----	<b>Rs.975</b>
<i>(Patties filled with spinach, peas and potatoes) (Served with naan, pickle and salad)</i>	
Boti Kebab-----	<b>Rs.1220</b>

## ***Briyani***

Mixed Vegetable-----	<b>Rs.790</b>
Chicken-----	<b>Rs.950</b>
Paneer-----	<b>Rs.990</b>

<b>Tharu home pulau-----</b>	<b>Rs.950</b>
<i>(Served with chicken curry or veg curry)</i>	

## ***Rice and Noodle***

Fried rice special vegetarian-----	<b>Rs.650</b>
Fried rice special with chicken-----	<b>Rs.850</b>
Plain rice-----	<b>Rs.250</b>
Vegetarian mixed noodles-----	<b>Rs.650</b>
Noodles with chicken-----	<b>Rs.850</b>

## ***Local special dishes***

***Our special:*** Nepali dal bath tarkari (veg)---- **Rs.950**

Tharu cheechar with mixed vegetable curry  
(Rice wrapped in jungle leaf served with curry)-----**Rs.1150**

Nepali festival dish  
(Gundruk soup, vegetable curry, lentil sauce, chicken curry,  
Crispy papadam, pickle, white rice, desert) ----- **Rs.1450**



***Curry*** (served with rice or chapatti)

Vegetable curry-----**Rs.650**  
Paneer curry-----**Rs.750**  
Chicken curry-----**Rs.850**  
Chicken butter masala-----**Rs.950**  
Fish curry-----**Rs.950**

***Vegetarian*** (served with rice or chapatti)

Cauliflower cheese sauce -----**Rs.650**  
Paneer korma-----**Rs.950**  
Paneer butter masala-----**Rs.950**  
Steam vegetable plate----- **Rs.600**

**Spaghetti cheese sauce with olive**-----**Rs.800**

**Mari's spaghetti** (Tomato sauce, cheese and olive)-----**Rs.850**

# Dessert

## Our special:

Sapana yogurt-----Rs.500

*Let us be tempted by our special dessert: A fresh local Nepali yogurt mixed with cashewnut, coconut, honey & cinnamon. Delicious!*

Plain yogurt-----Rs.250

Chocolate & banana nut pudding-----Rs.490

Pancake with chocolate paste & grilled nut topped--Rs.550

Seasonal fresh fruit salad-----Rs.495

Banana fritters-----Rs.400

Banana flambé-----Rs.490

Ice cream 2 scoops of your choice w/ side cookies---Rs.400

Banana Split-----Rs.750

*(3 scoops of ice cream of your choice, bananas, whipped cream, chocolate sauce, grilled nut topped)*



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## *What is that?*

**Alu bujiya:** is often simply called Bujiya is a popular crispy snack and is prepared by using besan (gram flour) and spices and potato.

**Chapatti or roti:** is an unleavened flatbread made from a firm dough made from flour and water.

**Dal bhat:** is a traditional meal, which is popular in many areas of Nepal. It consists of steamed rice and a cooked Lentil soup called dal. Dal bhat is often served with vegetable tarkari: a mix of available seasonal vegetables and pickles.

**Gundruk:** is a typical Nepali fermented leafy green vegetables of radish, cauliflower or roots of radish.

**Masala tea :** is a flavored tea beverage made by brewing black tea with a mixture of aromatic spices and herbs, mixed all together with milk.

**Mo-mo:** is a type of steamed bun with or without filling (veg or non-veg). The dough is rolled into small circular flat pieces. The filling is then enclosed in the circular dough cover either in a round pocket or in a half-moon.

**Pakoda :** is made from a mix of finely cut onions, green chilies, potato or vegetable and spices mixed in gram flour. This is rolled into small balls or sprinkled straight in hot oil and fried. Pakoda are very crisp on the outside and medium soft to crisp inside.

**Paneer :** is an unaged, acid-set, non-melting farmer cheese that is similar to acid-set fresh mozzarella and queso blanco, except that it does not have salt added, much like hoop cheese.

**Papadam :** is a thin, crisp disc-shaped food typically based on a seasoned dough made from black gram (urad flour), fried or cooked with dry heat. Papadam are typically served as an accompaniment to a meal or as an appetizer or snack.

**Pickles, achar or chutney :** is marinated and eaten in small amounts to add flavor to meal. It can both be fresh or aged. Pickles can be eaten with everything and are veg.

**Plain paratha :** Is a flatbread made by pan frying whole wheat dough.



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# Soft drinks

## Hot drink

***Our special:*** The Masala tea or Nepali tea  
(milky black tea beverage, sweetened and spiced) ----- **Rs.200**

Hot lemon with ginger & honey----- **Rs.150**  
Ginger tea (with fresh pieces of ginger)-----**Rs.100**  
Hot milk glass----- **Rs.150**  
Hot milk chocolate----- **Rs.250**  
Nescafe----- **Rs.150**

## Hot tea bag served in cup

Pick your favorite flavor !

Black tea----- **Rs.100**  
Lemon tea----- **Rs.100**  
Green tea----- **Rs.120**  
Mint tea----- **Rs.120**  
Apple tea----- **Rs.120**  
Jasmin----- **Rs.120**  
Raspberry----- **Rs.120**  
Vanilla----- **Rs.120**  
Peach----- **Rs.120**  
EXTRA milk----- **Rs.100**



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## ***Cold drink***

Mineral water (bottle) ----- **Rs.100**

***(Refill your water bottles)***

Coke/Fanta/Sprite----- **Rs.120**

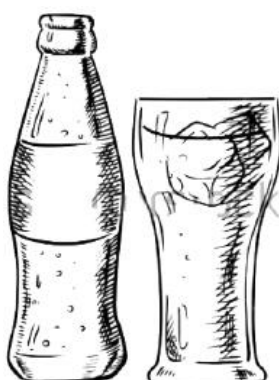
Diet coke (imported) ----- **Rs.350**

Tonic (imported) ----- **Rs.250**

Plain Soda----- **Rs.150**

Fresh lemonade with lemon----- **Rs.300**

Fresh mint lemonade----- **Rs.350**



## ***Juice***

Seasonal fruit juice (fresh) ----- **Rs.500**

Mango/orange/apple/pineapple (can) ----- **Rs.350**

## ***Sweet lassies***

Plain----- **Rs.300**

Banana----- **Rs.380**

Mango (seasonal only)----- **Rs.450**

Chocolate or coffee----- **Rs.450**

Vanilla----- **Rs.400**

Mixed fruit----- **Rs.500**

## ***What is a Lassi?***

A Lassi is sweet drink made from a yogurt and base with water. It is a popular traditional yogurt-based drink from the Indian Subcontinent. Our Lassi are a blend of fresh local Nepali yogurt, sugar and water. We also add fruits and various flavor.

Prices are inclusive of all taxes

## ***Iced Tea***

Price:

**Rs.380**

At any time of the day, enjoy our iced tea served in small jar! Pick your favorite on the menu below. Keep calm & stay cool.

### **Sapana Detox**-----

Green iced tea

Slices of lemon & ginger / Lemon juice - Honey

### **Citrus tea boost**-----

Black iced tea

Slices of lemon / Lemon juice - Honey

### **Sweet tropical**-----

Peach iced tea

Lemon & Apple slices - Honey

### **Cinnamon girl \* (seasonal)** -----

Peach iced tea

Orange slices & Cinnamon - Honey

### **Jungle twist \*(seasonal)**.....

Black iced tea

Slices of orange & lemon - Honey

*(\*oranges are seasonal, ask for availability, Thank you)*



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# Coffee Menu

## Hot coffee beverages

**Espresso**..... **Rs.190**  
*A very strong coffee brewed rapidly one ounce at a time*

**Doppio**..... **Rs.250**  
*Two shot of espresso*

**Espresso Macchiato**..... **Rs.300**  
*Serving of espresso with thick velvet foam*

**Caramel Macchiato**----- **Rs.600**  
*Serving of espresso, with caramel sauce with thick velvet foam*

**Americano**..... **Rs.290**  
*Espresso with hot water, simply the best*

**Americano Royale**..... **Rs.350**  
*Americano served with flavor, topped with whippedcream and garnished*

**Cappuccino**..... **Rs.350**  
*Serving of espresso with equal parts of milk and foam*

**Café Latte**..... **Rs.350**  
*Serving of espresso with steam creamy milk and foam*

**Honey Latte**..... **Rs.400**  
*Try our version of this classic drink*

**Caramel Latte**..... **Rs.490**  
*Serving of espresso with rich creamy caramel, steam milk, foam and drizzle of caramel*

**Café Mocha**..... **Rs.450**  
*Espresso served with chocolate, milk and topped with whipped cream*



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## ***Cold coffee beverages***

### **Blended Mocha.....Rs.500**

*Espresso hot blended over ice with chocolate and topped with whipped cream, garnished with chocolate stick and coffee beans.*

### **Iced Cappuccino/ Iced latte -----Rs.450**

*Our freshly pulled espresso and foam poured with cold milk over ice.*

### **Iced Americano.....Rs.390**

*Shot of espresso over chilled water and ice*

### **Iced coffee-----Rs.450**

*Serving of espresso with chilled milk and poured over ice*

### **Blended coffee-----Rs.490**

*Chilled freshly brewed coffee blended over ice*

### **Ice Mocha-----Rs.550**

*Serving of espresso, chocolate sauce, coffee, cold milk, ice*

### **Caramel cooler.....Rs.690**

*Blend coffee and ice cube, topped with whipped cream, garnished with caramel sauce*

### **Mocha cooler.....Rs.690**

*Serving of espresso, chocolate, ice cube blended, topped With whipped cream & garnished with chocolate sauce*

### **Vanilla cooler.....Rs.690**

*Vanilla flavor, coffee ice cube blended, topped with whipped cream, garnished with honey*

### **Iced caramel macchiato-----Rs.650**

*Serving of espresso, cold milk, ice cube, topped with caramel sauce*



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# Alcohol

Beer (bottle 650ml) -----Rs.850

After a long safari day or just to relax, let us be tempted by a cool bottle of beer! Ask for types of beers available.



## Imported Liquor

*Bottle/60ml*

Baileys -----	<b>Rs.15500/Rs.1300</b>
Johnnie walker (Red label whisky)-----	<b>Rs.13000/Rs.1150</b>
Johnnie walker (Black label whisky)-----	<b>Rs.15000/Rs.1250</b>
Johnnie walker (Double label whisky)-----	<b>Rs.19000/Rs.1500</b>
Absolut vodka-----	<b>Rs.16500/Rs.1400</b>
Bacardi Rum-----	<b>Rs.15000/Rs.1250</b>
Beefeater dry gin-----	<b>Rs.4000/Rs.400</b>
Tequila shot-----	<b>Rs.975</b>

## Domestic Liquor

*Bottle/60ml*

Khukuri rum-----	<b>Rs.4800/550</b>
Blue Riband gin-----	<b>Rs.4000/450</b>
Ruslan vodka-----	<b>Rs.3600/400</b>
Old durbar (Black chimney) -----	<b>Rs.9000/750</b>
Old durbar (Yellow)-----	<b>Rs.5500/500</b>
Himalayan brandy-----	<b>Rs.5000/450</b>

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# Cocktail

Price:  
**Rs.950**

**Pina Colada** .....  
*Rum, pineapple juice, coconut cream, Malibu, sugar syrup*

**Margarita** .....  
*Tequila, Cointreau, lemon juice*

**Cosmopolitan** .....  
*Vodka, Cointreau, cranberry & lime juice, grenadine, sugar syrup*

**Tom Collin** .....  
*Gin, soda, lemon juice, sugar syrup, cherry*

**Gin & Tonic** .....  
*Gin, lime juice, tonic*

**Screw Driver** .....  
*Vodka, orange juice, ice*

**Sex on the beach** .....  
*Vodka, peach Schnapps, cranberry juice, orange ice*

**Salty Bull** .....  
*Vodka, Tequila, lime juice, mixed fruit juice*

**Mixed Monsoon** .....  
*Vodka, blue Curacao, lemon juice, mixed fruit juice*

**Blues Margarita** .....  
*Tequila, Blue curacao, lemon juice*

**Brave Bull** .....  
*Tequila, Kahlua, lemon juice*



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Price:

**Rs.950**

**Litchi Daiquiri-----**

*Rum, litchi juice, sugar syrup, limejuice, grenadine syrup*

**Long island ice tea-----**

*Rum, Gin, Vodka, Tequila, Triple sec, lime juice, Coke*

**Mojito-----**

*Rum, mint leaf, lemon, sugar, soda*

**Long Beach Iced Tea-----**

*Gin, Vodka, Rum, Tequila, Triple sec, Sugar*

*Syrup, limejuice, cranberries juice*

**Blue Lady-----**

*Gin, Curacao, lime juice*

**Tharu Hand-----**

*Vodka, mango & orange juice, tonic, honey, cinnamon*

**Banana Blender-----**

*Baileys, pineapple juice, whipped cream, banana slide*

**Cuba Libra.....**

*Gin, Curacao, Lime juice*



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## *Mock tails* (without alcohol)

Price:

**Rs.750**

### **Sapana Special**-----

*Litchi juice, blue Curacao, sugar syrup, fresh cream*

### **Mango Mania** .....

*Mango juice, cream de mint, grenadine*

### **Fruit Punch**-----

*Pineapple juice, grenadine syrup, banana slices, fresh cream*

### **Simorita Mock tail**-----

*Pineapple juice, mango juice, mint leaf lemon chop, soda*

### **Fruit Fantasy**-----

*Guava juice, grenadine syrup, mango juice, blue curacao*

### **Jersey Mock tail**-----

*Apple juice, sugar, angostura bitter, ice*

### **Virgin Mojito**-----

*Soda, mint leaf, lemon chop, sugar syrup, ice*



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## *Wines*

(A Bottle)

### **White selection**

**Olli I.G.P, feudo maccari, sicily- Italy-----Rs.3000**

*(2016 Grape: Grillo)*

**Iacobi albarnio, do rias baixas- Spain-----Rs.3200**

*(2017 Grape: Albrarino)*

**Vesper pinot grigio D.O.C, primosic,**

**Fruili- Italy-----Rs.3800**

*(2020 Grape: Pinot grigio)*

**Vesper sauvignon blane D.O.C,**

**Primosic Friuli-Italy-----Rs.4000**

*(2020 Grape: Sauvignon Blanc)*

### **Red Selection**

**Vesper Cabernet Sauvignon I.G.P,**

**la Carraia,-Italy-----Rs.3200**

*(Umbria, Grape: Cabernet Sauvignon)*

**Vesper Merlot I.G.P, Carraia-Italy-----Rs.3200**

*(Grape: Merlot)*

**Vesper pinot noir I.G.T, Pirars, Friuli-Italy-----Rs.3200**

*(Venezia Giulia 2019 Grape: Pinot Noir)*

**Vigna di pallino chianti D.O.C.G, -Italy-----Rs.4500**

*(Tenuta sette ponti, Tuscany, 2019, Grape: Sangiovese)*

**Nere I.G.T. Feudo Maccari,sicily –Italy-----Rs.4200**

*(2019 Grape: Nera D'avola)*

**Rose- Vesper Rosato I.G.P, Fontana di papa-Italy—Rs.3200**

*(Lazio-Grape: Sangiovese, Merlot, Montepulciano)*

**Sparklings-Prosecco Treviso Gold- Italy-----Rs.4500**

*(D.O.. Follador, Veneto, Grape: Glera)*

**Sparklings- Spumante cuve's Rose Brut- Italy-----Rs.5500**

*(Follador, Veneto-Grape: Glera, Incrocia Manzoni Muscat Rose)*





**Wine by the glass****Bottle/glass**

**Unique white-----Rs.3200/Rs.700**

**Vesper Chardonnay- Italy**

*(I.G.P. Fontana Di papa, Lazio-Grape: Chardonnay)*

**Unique red-----Rs.3200/Rs.700**

**Vesper Syrah- Italy**

*(I.G.P. Fontana di papa, Lazio, Grape: Syrah)*

**Nepali Wine****Bottle/glass**

**Red Kaule- Nepali wine-----Rs.2230/Rs.850**

**White Ashish-Nepali wine-----Rs.2230/Rs.850**

**Local tharu homemade wines(Strong raksi)****A glass**

**Millet wine-----Rs.375**

**Rice wine-----Rs.300**

*(These are typical Nepali common beverages. Sometimes they are used in religious ceremonies)*

*Bon appétit*  
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